

LIGHT SWITCH

DWELLING IN THE LIGHT

Readings: Lv 19:1-2, 17-18 | Ps 103 | 1 Cor 3:16-23 | Mt 5:38-48

WHAT DO WE WANT YOU TO KNOW?

We dwell in God's perfect light every time we keep the word of Christ. This is what we mean by dwelling in the light.

SCRIPTURE

Read aloud from the Gospel of Mt 5:38-48. Then read aloud one more time. What words or phrases jump out to you and why?

DISCUSSION QUESTIONS

1. Jesus tells us to "be perfect, just as your heavenly Father is perfect." What do you think Jesus meant by this?
2. In the second reading for this weekend, St. Paul asks, "Do you not know that you are the temple of God, and that the Spirit of God dwells in you?" How would you live differently if you were constantly aware of the fact that the Holy Spirit dwells in you?
3. Revengeful people dwell in the dark. Forgiving people dwell in the light. Ask Jesus, "who is one person or what is one situation that I need to forgive right now in my life?" Invite Jesus into your conversation about forgiving them. Ask Him to help you dwell in the light of forgiveness.

WHAT DO WE WANT YOU TO DO?

Get together with your family, friends, coworkers, and talk about what it means to dwell in the light. Be mindful of dwelling in the light—consciously aware of it and live it.

www.saintmary.life

