



You Are Not Alone

Readings: Acts 2:1-11 | Ps 104:1, 24, 29-30, 31, 34 | 1 Cor 12:3b-7, 12-13 | Jn 20:19-23

focal point

As Catholics living in the modern world, we sometimes fear rejection over our beliefs much like the apostles did over 2,000 years ago. But as we learn in today's readings, Jesus did not leave us alone. The Holy Spirit is with us. With the Holy Spirit as our champion, we experience true freedom to live unapologetically as ourselves, just as God made us.

scripture

Read aloud from the Acts of the Apostles. Then read aloud two more times. Ask the group what words or phrases jump out to them and why.

discussion questions

1. Are you a person who "overshares" or "under-shares" good news with other people?
2. Share about a time when another person acted as an advocate or champion for you. How did that support change your situation?
3. Which fruit of the Holy Spirit do you most need in your life right now? Why? (Bonus points if you can name them all!)
4. What can we do to harness the power of the Holy Spirit in our daily lives?

application

Let us call on the Holy Spirit to help us live with the same boldness and faithfulness as the apostles. Let us call on the Holy Spirit to help us in our spiritual battles and champion the battles we face both within ourselves and in the world. You are not alone.

