



Interviewing Your Confirmation Sponsor

Now that you have chosen your sponsor, it is time to spend a little more time with him/her to really get to know more about his/her faith journey. After all, the life-long role of your sponsor is to walk with you and support you on your own faith journey! You may find that you already know a lot or that there is a lot that you can learn! Sometime during September, please set up a time to meet with your sponsor to “interview” him/her. You can interview your sponsor by phone, FACETIME, Zoom or in person while practicing social distancing.

You should plan to meet with your sponsor for at least one hour for this meeting. But feel free to meet for as long as you would like or multiple times! Although you will be asking your sponsor questions in the format of an interview, your meeting should really be a discussion, with you adding your own insights and thoughts to the conversation. **AND YOU NEED TO INVITE YOUR SPONSOR TO ASK YOU SOME QUESTIONS TOO!** (Your sponsor can ask you questions from the list on the next page or he/she can ask some of his/her own.) You are also welcome to ask your sponsor a question that is not included in the list! The questions are there to guide your discussion. You do not need to get through all of the questions, but feel free to do so!

- Start your meeting by praying together!
- At the end of your meeting, fill out page 4 of this packet. Write your sponsor’s name and then have your sponsor or parent sign it.
- You will need to write short answers to the reflection questions on page 4 sometime after meeting with your sponsor (NOT while you are meeting with your sponsor).
- **YOU WILL EMAIL PAGE 4 OF THIS PACKET to lifeteen@saintmary.life on September 27th.**

Twenty Questions to Ask Your Confirmation Sponsor

1. How did you become Catholic? Were you baptized when you were a baby or did you become Catholic as an adult through the RCIA program? Tell me about how you first learned about your faith, whether you were a child or an adult.
2. As a Catholic, what makes you different from other Christians?
3. How do you picture the Holy Spirit? What images come to mind? When or how have you experienced the presence of the Holy Spirit in your life?
4. What name did you choose for your Confirmation name and why?
5. Do you have a favorite saint (or favorite saints)? Why is he/she your favorite? What is there about his/her life that has helped you on your faith journey?
6. How do you define the word “holy”? Do you know people in your life that you would describe as “holy”? Do you think anyone describes you as “holy”? How does that make you feel? What challenges do you face when you are trying to live a life of holiness?
7. Tell me about an experience in your life when it was difficult for you to be Catholic perhaps a time when you were ridiculed because of your faith or a time when you struggled to believe in the teachings of your Catholic faith. What did you do to “keep your faith” or find answers to your questions during these times.
8. In what ways do you feel that celebrating the Eucharist (the Mass) every week (or maybe every day) strengthens and nourishes you to live as a Catholic? Did you ever have a time when you did not like going to Mass? Do you like going to Mass now? What do you think caused the change?
9. What is your understanding of what it means “to sin”? What does “forgiveness” mean to you? What do you do when you find it very difficult to forgive someone who has hurt you? What do you do when you need to ask forgiveness from someone you have hurt?
10. One very special aspect of our Catholic faith is the Sacrament of Reconciliation. Tell me about your own feelings and thoughts about and experiences with this Sacrament. Is it difficult for you to celebrate this Sacrament or was there a time when it was? What kind of preparations do you find helpful before you celebrate the Sacrament of Reconciliation

11. How do you pray? Do you have a favorite place to pray or a favorite time to pray? Do you ever find it difficult to pray? When you pray, who do you usually pray to: God, Jesus, The Holy Spirit, Mary, a particular saint? Who or what do you usually pray for?
12. Do you regularly participate in service projects or volunteer opportunities at your parish, work, or in your neighborhood? Describe what you do and how it impacts your life.
13. How would you answer someone who told you that “Catholics worship Mary”? Who do you turn to or what resources do you use when you find that you do not know an answer to a question about your faith?
14. Have you ever had a time in your life when you really felt close to God? Tell me about it.
15. Have you ever had a time in your life when you really struggled to believe in God. Tell me about it and how you kept your faith in the end.
16. Who has been a good role model for you to live according to your Catholic faith? What has he/she taught you or shown you? How has he/she deepened your faith?
17. In what ways do you think you still need to grow in your Catholic faith?
18. What is your favorite Scripture passage, verse or story? Tell me why.
19. Through the Sacrament of Confirmation, the gifts we first received at our Baptism: Wisdom Understanding Right Judgment (Counsel) Courage (Fortitude) Knowledge Reverence (Piety) Wonder and Awe (Fear of the Lord) are strengthened and increased within each of us. These seven special gifts represent all of the gifts and blessings that God gives us to lead a good and holy life. They are special graces that are given to us through the Holy Spirit to enable us to respond to God’s call to holiness. Reflecting back on your life experiences and decisions, which gifts have you used a lot? Which gift do you need to use more?
20. What do you think is one of the greatest challenges to being Catholic? What is the best thing about being Catholic?

**Don’t forget to ask any of your own questions!
AND REMEMBER- Your sponsor should ask you a few too!**

PLEASE TURN THIS PAGE IN by Sunday, September 27th
Email to: lifeteen@saintmary.life

Confirmation Candidate's Name: _____
(Please print first and last name)

Date Sponsor Meeting Occurred: ____/____/____

Sponsor's Name: _____

Sponsor's or Parent's Signature: _____

* If the interview took place by phone, Zoom, or FACETIME parent may sign for sponsor.

DIRECTIONS: Sometime after meeting with your sponsor, take a few minutes to reflect on your discussion and write brief answers to questions 1 and 2.

1. What was one thing that you learned about your sponsor during your meeting?

2. Write about one story or experience that your sponsor shared that you felt showed that he/she was truly strengthened by the Holy Spirit through Confirmation to live a life of holiness.
